



TOUR DE NEBRASKA

June 16-20, 2021

Kearney | Alma | Red Cloud | Hastings

33rd ANNUAL

**Tour de Nebraska is a five-day, fully sagged annual
bicycle tour of beautiful rural Nebraska.**

Charlie Schilling, Director

Sponsored by Cycle Works





OVERVIEW OF THE 2021 TOUR DE NEBRASKA

Established in 1988, Tour de Nebraska is a 5-day, non-competitive circle tour with a unique route each year to provide all cyclists an exceptional opportunity to experience Nebraska from the seat of a bicycle.

We've never had a route much past central Nebraska, but this year, you will experience a whole new adventure! Get ready for beautiful, scenic, peaceful, historic, welcoming western Nebraska.

DAILY SCHEDULE

Breakfast and supper are served the same time every day. Breakfast hours are 6-8 a.m. and supper is from 5-7 p.m. Always the same-easy to remember! You can eat anytime between those times.

Rest Stops

Our goal is to have a rest stop every 15-20 miles. TDN Rest Stops Coordinator Shari Rosso works very closely with every community to make plans for food, restrooms and activities, so please support their efforts and hospitality! It is very important to stop in every town/rest stop to fill up your water bottles, use the restroom and eat a snack. **These small communities go out of their way to welcome us AND the money raised goes to some wonderful community projects. PLEASE STOP AT THE TOWNS.**

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.**

We recommend that you carry at least \$250 or so in small bills as many of these rest stops are supported with "free will offerings" and are not equipped to take plastic. The SAGs always stop at all towns and rest stops as well, so it is a good way to catch them if needed. Be a good TDN Ambassador and support our friendly and generous local communities!

Remote Rest Stops: Remote rest stops are those "in the middle of nowhere," set up especially to offer you the bare essentials: a butt break, snack, water and porta potties.

Weather Reporting

TDN is getting daily weather reports from the National Weather Service at 6:30 a.m. and 6 p.m. every day. In the event of severe weather, we will be sending out text alerts to keep everyone safe.

Early Morning Manners

Tour de Nebraska is a camping bicycle tour. Some people start to rise and shine around 5:30-6 a.m. Others like to sleep later, which is fine. If you are an early riser (before 5:30 a.m.), **PLEASE SHOW CONSIDERATION TO YOUR FELLOW TOURISTS** by being as quiet as possible.

If you want to get up earlier, please stake your tent or your sleeping bags away from others so you won't disturb those who are still sleeping. (This also applies to those who snore).

Early risers (before 5:30 a.m.): leave your luggage **NEXT TO** the Penske truck. Do not throw it inside as the truck sometimes serves as a bedroom for our crew.

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.**

After 6 a.m., however, please load your own gear on the truck! All you have to do is walk up the ramp and place your bags inside the truck. Loading the truck is a fun, bonding activity and is designed to save wear and tear on our devoted crew! For those staying at motels, please stack your bags together in one place in front of the lobby if possible.

Breakfast is served anytime from 6-8 a.m. every day, so everyone should be packed up, with your baggage in the Penske trucks and off to breakfast by 8 a.m. and on the road shortly after. Note: Fruit, water and air pumps (with schrader and presta attachments) will be available by the sag vans each morning, so please help yourself.

Route Markers

Follow your daily route maps. We use neon orange spray paint (with approval from the NE Dept. of Transportation) to mark the shoulders or right side of the highway with directional arrows and our trademark "TDN." We will mark every turn (not the straightaways) along the route.

If you have a question, please consult your map. Study them before each day's ride and refer to them if you are not sure about a turn. The first sag will leave camp about 7 a.m. If you choose to leave earlier than 7 a.m., you may not see a sag until later, so please follow your map! Also, rest stops may not be ready for early riders and we are not responsible for riders who choose not to follow the official TDN route.

Remember, sags are for emergency mechanical or medical purposes, so **PLEASE** stop in every town and rest stop to fill your bottles, use the restroom and eat a snack. **DO NOT** bypass a town or rest stop, then flag down a sag for water a few miles down the road.

TDN Hospitality Tent

Cold refreshments are provided at the Tour de Nebraska Hospitality Tent after each day's ride. Please refer to the TDN app for daily location. Alcohol is not allowed on school grounds, so our local host community will help us designate a space. There are no plastic cups. **You must bring your mug to imbibe.**

Hospitality: 1-4 p.m., Wed.-Fri. and 2-4:30 p.m. on Saturday.

Merchandise

T-SHIRT AND JERSEY EXCHANGES: TDN merchandise/exchange will be **available ONLY on Wed. and Thurs. from 1-4 p.m. at TDN Hospitality Tent locations.** We will do our best to exchange your t-shirt or jersey for another size only during these times.

Extra jerseys and other TDN merchandise will be for sale at TDN Hospitality Tent throughout the 5 days.

Minor Repairs and Bike Accessories

Mechanics from Cycle Works will be available for minor repairs at the campsite every afternoon, until 5 pm. Chain lube and air pumps are available for your use at all times, so help yourself. However, please don't ask to borrow tools, other than the pumps.

Cycle Works will have items for sale including tires, tubes, more comfortable saddles, power bars, cycle computers, clothing, etc. If you have an uncommon tire or tube size, please bring extras along with you. If they are bulky, we'll be happy to carry these items for you (please tag these items with your name).



RIDING TDN

Health Tips

Fill your water bottles at every opportunity, stop at every town to rest, and carry an energy bar or some other food source. Stop at least every hour to replenish yourself, take a “butt break” and explore the local surroundings.

Drink before you're thirsty and eat before you're hungry. A rule of thumb is to drink one water bottle each hour. Use lots of sunscreen and lip protection with at least 30 SPF-and make sure it's not out of date. We also recommend that you ride with a buddy or in a group so you can help each other out if needed (besides, it's more fun!).

What to Eat and Drink While Riding

Get at least 30-60g of carbohydrates per hour. Also some fat and protein: PBJs, skinless boiled/baked potatoes w/salt, olive oil, and parmesan. Generally one to two bottles of water per hour. Easy way to get carbs with sports drink mixes.

Don't Bonk!

Feeling weak and wore down? Miss a snack or two? Reach for junk food to save your ride. Regular Coke, sweet tea, gummy bears, etc. Baked or boiled white potatoes have a higher glycemic index than table sugar, so they're absorbed into your body quick. You want simple sugars. Top things off with a little bit of fat and protein.

Official SAG Information

Cycle Works of Lincoln serves as the TDN official SAG crew. They are ready to provide EMERGENCY mechanical or medical assistance. Be prepared to do your own minor repairs. Please help yourself to fruit, water and air from any of our official SAG vehicles.

You'll see four official Tour de Nebraska SAG vehicles on the road each day: a 24' big yellow (or white) Penske truck and a smaller 16' “Baby Penske” for luggage, Kris Sonderup's Cycle Works black pickup and two white Honda Odysseys provided by Honda of Lincoln.

We do not offer sag pickups unless there is a medical or mechanical emergency. If you are planning on riding only half-days, please make your own pickup arrangements. Our sags are very busy!

If hot weather continues, plan to out of camp by 7:30 a.m. to beat the heat and ride when it's cooler. Also, drink plenty of fluids!

Complimentary fruit, water and air are available in the sag wagons at all times. When you see one of our vehicles stopped along the road, help yourself!

Sags will stop at every rest stop, in case you need assistance.

Obey the Law

Nebraska law requires you to ride single file. Be courteous to passing vehicles. Never ride in the middle of the road! Inconsiderate cyclists give TDN a bad reputation! Wave at vehicles that move over!

AFTER RIDING

Massages and Yoga

Massages and Yoga

Glen Morey is our official **TDN massage therapist** for 2021. He will be available to do massages for a reasonable fee in the afternoons and evenings, Wednesday through Saturday. The location will be in the schools and community center. He also has packages that offer discount incentives.

Call him to make an appointment: 727.457.6994, moreyglennma21499@peoplepc.com

Yoga: Free yoga sessions will be led by Madeline Wiseman at 3p Wednesday through Saturday. The location is TBD. Likely, we will send a daily text alert.

Luggage Pickup from Motels, B&Bs

IF YOU ARE STAYING AT A MOTEL: Take the community shuttle to your motels the day you arrive. You may or may not be able to take your bike on the shuttle, so plan accordingly. No shuttles in the a.m.

In the morning, just leave your gear outside the lobby's front door for pickup by the Penske. See the lodging list at tourdenebraska.com for locations where we'll pick up luggage.

Responsible Rider Pledge

Health & Safety

Helmets must be worn at all times while on your bicycle.

COVID-19 Guidelines

Purchaser assumes all COVID-19 related risks and all state and local guidelines apply. Riders will be required to:

- Be healthy to participate
- Wash or sanitize hands frequently
- Maintain 6' social distance

If you have COVID symptoms or been exposed, you are expected find a safe return home.

Thank you to the TDN COVID Mitigation Plan Committee:

Dr. Bob Rauner	Charlie Schilling	Susan Rodenburg
Shari Rosso	Matt Hopken	Kimberly Schilling
Rich Rodenburg	Jordan Messerer	Dave Kennedy
Rick Dockhorn	Kris Sondrup	Pete Phillips

Next Year's 34th Tour de Nebraska

June 15-19, 2022

(tentative dates)

We do our best to plan a safe, well-organized tour for you to enjoy. Thank you for coming.

If you have ideas or suggestions to help us improve Tour de Nebraska, let us know!

Charlie Schilling

schilling.charles@gmail.com



CONTACT INFORMATION

TDN Staff:

Director, Charlie Schilling:	402.320.3384
Kim Schilling	712.326.9964
Rich Rodenburg	402.440.7570
Sydney Schilling	712.326.8591
Anthony Rodriguez	515.441.4570
Ted Hoover	651.414.1476

Host Communities:

Roger Jasnoch, Kearney	308.233.4359
Hannah Backer, Kearney	308.360.0760
Chris Tripe, Alma	308.920.1417
Jarrold McCartney, Red Cloud	402.746.4065
Anjanette Bonham, Hastings	402.469.8502

Weather:

NEMA, Nebraska Emergency Mgmt Agency
Ron Pughes, Director 402.461.2361
Adams County, Hastings, NE
Nebraska Emergency Management Agency will be giving TDN weather reports from the National Weather Service.

Pork Belly Ventures (Shower Service and PHAT Trailer):

Dave Kennedy	402.578.4250
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UNL Outdoor Adventures (Tent Service):

Jordan Messerer	402.309.9317
Audrey Krimm	301.873.8039
Joe Hinnant	972.832.6247

Emergency Contacts:

<https://nesheriffsassoc.org/about/counties/sheriffs.php>

Craig Wacker, AICP Planning Manager craig.wacker@nebraska.gov	402.479.4623
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Nebraska State Patrol cody.thomas@nebraska.gov mike.meyer@nebraska.gov mike.gaudreault@nebraska.gov	402.479.4985
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TDN CHECKLIST

What to bring for the tour:

- Cycling shorts (2 minimum)
- Cycling jerseys/t-shirts (6 total)
- Socks (3 pr)
- Underwear (not to wear under bike shorts!)
- Windbreaker/rain jacket
- Light sweater/long sleeve shirt
- Jeans or long pants
- Swimsuit if you swim
- Camp shoes
- Deodorant/toiletries/wet wipes
- Tent (if you sleep outdoors) and ground cloth
- Sleeping bag and pillow
- Air mattress/pad
- Quick-dry towel
- Mosquito repellent
- Clothes pins and nylon cord to hang laundry
- Flashlight, ear plugs (to shut out snoring!)
- Mobile phone/charger
- Cable and lock
- Ibuprofen
- Backpack/small bag to take your stuff to showers

What to carry on your bike:

- Small tool kit with the following:
 - Tire levers, bike tool, patch kit, spare tube
- Frame pump and/or CO2 cartridge(s)
- 2 water bottles
- Rear flashing taillight and bright front headlight

Suggested items to carry:

- Waterproof sunscreen
- Lip balm (w/sunscreen)
- Butt butter (chamois cream, if needed)
- Energy bars, snacks
- Cash for rest stops (small bills), ID, credit card
- Light jacket
- Ibuprofen

What to wear on your bike:

- Helmet (mandatory)
- Cycling gloves
- Cycling mirror (for helmet or bike)
- Cycling shoes (highly recommended)
- Cycling shorts
- Sunglasses (for eye protection)

Rick Dockhorn's Packing Instructions

- Pack 2 soft-sided bags (not to exceed 40 lbs. total) with your personal stuff and other for your tent/camping gear.
- Tag your bags! Do not put everything in one huge bag. No plastic tubs! Carry your own bags.
- A small, light bag chair.
- Indoor campers: Air mattresses are allowed; cots that might damage the gym floor are not.

TIRE PUMP: Cycle Works has tire pumps.

DON'T FORGET: GOOD HUMOR!! Tag your bags!



Fixing a Flat

Please be prepared to fix your own flats on Tour de Nebraska. If you're really lucky, you won't have any. You might consider putting sealant or "slime" in your tubes or use pre-slimed tubes. Some tubes and tires are more flat resistant than others, so please consult with your local bike shop. It is recommended you **practice**

changing a flat BEFORE the TDN. If you have a flat on the road, don't panic-- with a little practice you can do this easy repair on your own. It only takes a few minutes if you complete the task correctly. We have arranged a list in chronological order for task completion.

Carry these tools on your bike: Tire levers, patch kit and/or new tube, hex wrench kit if you don't have quick release wheels, frame pump.

First, release brake or remove brake cantilever wire so that you can get the wheel off. Then:

If you are replacing the tube:

1. Undo the quick release or get the appropriate size wrench and remove the wheel from the frame.
2. Completely deflate the tire if there is any air left in the tube.
3. Use the tire levers to remove one side of the tire from the rim. You might have to use more than one lever to get the tire to come off of the rim.
4. Removing the whole tire is not necessary.
5. Remove the tube from the tire cavity.

If you are patching the tube:

1. Find the puncture by inflating and listening or inflating and dunking under water (spit works well).
2. Dry and clean puncture area.
3. Use sandpaper to thoroughly sand the area around the puncture. This is the most important part. Make sure you do this step well. Sanding the area increases the adhesive ability of glue.
4. Apply a thin layer of glue and allow to dry for 2-3 minutes before applying the patch. (If you are applying an instant patch, put instant patch over hole and rub area firmly to set adhesive backing).
5. After the thin layer of glue has set, apply the patch over hole and rub firmly with fingers or rounded object such as the tip of the plastic tire iron.
6. Allow a few seconds for glue to completely set and peel the clear plastic off of the rubber patch.

Putting it all back together:

1. Put some air into the tube so that it holds a circular shape, not too much air though, it will make it hard to get the tire back on.
2. Make sure you check the entire inside of the tire for any thorns, rips, etc. If a cut or rip is discovered, a "boot" may need to be used to keep the new tube from blowing out the cut. Boots can be made from match flaps, folded dollar bills, etc.
3. Place tube back into the tire cavity.
4. Put tire back onto the rim. This is the hardest part next to getting the tire off.
5. You can use the tire levers to get the last bit of tire back onto the rim. They will help you "snap" it back on. It is better though to use your fingers to avoid "pinching" your new tube and creating another leak.
6. Make sure the valve is pushed in enough so that the valve itself does not get in the way of the tire bead and clinching groove.
7. Inflate tire being careful not to bend the valve.
8. Replace wheel onto bike.
9. Reattach brake cable.
10. Spin wheel to ensure brake is not rubbing.

Code of Ethics

Please read before the tour begins!

Organizers will:

- Promise to do all that is possible to keep cyclists safe at all times. Safety is our #1 concern.
- Provide information about Nebraska laws pertaining to bicycling prior to the event.
- Acknowledge all are open to vehicular traffic; all rules of the road and Nebraska laws pertaining to bicycling must be obeyed.
- Provide the Nebraska State Patrol, Nebraska Dept. of Transportation, County Sheriffs, County Emergency
- Teams and City Police staff route maps and descriptions.
- Use lesser-traveled where possible and practical, or with suitable shoulder, and coordinate all routes with the Nebraska Dept. of Transportation.
- Ask participants or groups to withdraw from the ride if they continue to ride in an unsafe manner after receiving a verbal warning.
- Require all host communities to have an emergency plan in place.
- Not be responsible for Nebraska weather, and to inform participants about weather events that may adversely affect cycling conditions.
- Call 911 in case of a medical or weather emergency.
- Provide non-emergency support names numbers are provided on all daily maps.

Participants will:

- Report to organizers and volunteers any safety issues related to the road or event.
- Check in and sign liability waiver before the start.
- Immediately advise event organizers if they see anyone or groups riding in an unsafe manner.
- Call 911 in the case of a medical emergency. Non-emergency support names numbers are provided on all daily maps.
- Wear a helmet that meets CPSC, ANSI and/or Snell (or similar standards).
- Be responsible for ensuring that their bicycle is in good working order before the event.
- If possible, wear mirrors and avoid headsets or ear buds for safety reasons.
- Understand that Tour de Nebraska is a noncompetitive tour, not a race.
- Take responsibility for their own safety, and for knowing and complying with the applicable vehicle codes.
- Ride in a safe and courteous manner; and stay to the right, except when passing.
- Understand all participants under the age of 18 must be accompanied by their parent or a legal guardian.
- Understand no alcohol or illegal drugs are allowed on school property.
- Refrain from being under the influence of drug or beverage product, which could impair their riding judgment while participating in the event.
- Avoid riding in groups larger than 16 cyclists. Groups should be at least 100 meters apart on the road to allow other vehicles to pass safely.
- Be responsible for ensuring they are sufficiently fit for this tour.
- Agree to read the Tour de Nebraska Handbook before the event so they are thoroughly aware of the route descriptions and event guidelines designed to ensure a safe experience.
- Notify organizers if they withdraw from the event.



Night Before: Kearney, Nebraska

TDN Check-In: 4:00-7:00 p.m.

Located @ Kearney High School, 2702 W 11th St, Kearney, NE 68845

Parking: Secured long term parking will be near the high school. Look for signs to assist with parking at the High School.

Campers should unload their camping gear at Yanney Park and park vehicles at Kearney High School (you can ride your bike or walk back to Yanney Park which is about a mile).

Tues. Night Camping and Tour Lodging: Tent camping and restrooms are available starting at 3p Tuesday, June 15 at Yanney Park. There will be port-a-potties at Yanney Park and restroom facilities at Mitzi Pavilion & ERC Building.

Things to do at Yanney Park:

- Observation Tower
- Large lake with great fishing
- 2 Playgrounds and 2 Splash Pads
- Outdoor Shelters
- Labyrinth
- Water Trail
- Outdoor Fitness Pad
- Outdoor Amphitheater

If you are staying at a hotel/motel during the tour: Take the community shuttle to your lodging the day you arrive. You may or may not be able to take your bike on the shuttle, so plan accordingly. No shuttles in the a.m. In the morning, just leave your gear outside the lobby's front door for pickup by the Penske. Those staying in host homes or B&Bs need to arrange for their gear to be returned to the Penske. Check with Charlie to confirm your hotel is on the luggage pickup route.

- Platte Valley Brewery
- Thunderhead Brewing Co.
- Cottonmill Lake
- Yanney Heritage Park
- Hike-Bike Trail Bridge & Fort Kearny State Historical Park
- Museum of Nebraska Art
- Nebraska Firefighters Museum
- G.W. Frank Museum of History and Culture
- Trails & Rails Museum
- Fort Kearney Museum
- Classic Car Collection
- Meadowlark Hills Golf Course

Restaurants:

Thunderhead Brewing	308-237-1558
Platte Valley Brewery	308-237-0751

Let's Ride!

Day 1: Kearney>Alma - 58 miles

Breakfast: 6:30-8:30 a.m. - Tour de Nebraska is hosting your first breakfast! It includes coffee, juice, water, breakfast pizza or biscuits and gravy. Also provided is yogurt, granola, fresh fruit.

Late TDN Check-In: 7-8 a.m., @ Kearney High School, 2702 W 11th St

Luggage Drop Off: Load your bags at the Penske truck at Yanney Park before 8:30 a.m.

Menu: Tour de Nebraska is hosting your first breakfast! It includes coffee, juice, water, breakfast pizza or biscuits and gravy. Also provided is yogurt, granola, fresh fruit.

- Please thank the Kearney Booster Club for preparing and serving this breakfast.

ROUTE NOTICE: You can go directly South on Hwy. 44 (2nd Ave.) and the Kearney Police Department is assisting in monitoring traffic to get you safely South of the Interstate and out of town. They are expecting the riders between 8:10 a.m. and 8:40 a.m.

Today's route: 1st number is distance, 2nd number is total distance of daily route

Axtell: 11 miles - PB&Js, oranges, bananas, cinnamon rolls, and a yogurt parfait bar. Take a selfie with the Wilcox Wildcat mascot! Restrooms in the school lobby. Snacks and Powerade for sale in the cafeteria. Student fundraiser for 2022 trip to Europe.

History of Axtell: <https://mynehistory.com/items/show/300>

Wilcox: 12/23 miles - The Community Improvement Association welcomes TDN riders! We're at the Town Hall on Sapp St. Granola bars, fruit, Fig Newtons, yogurt, peanut butter and jelly sandwiches, drinks, water, Gatorade. Restrooms on Main marked with blue signs. Donations go to the Christmas lighting fund. Wilcox Lions Club and American Legion are also helping today.

Ragan: 17/40 miles - "Yum-Yums" - Ragan's Sloppy Joe, a traditional favorite recipe served for decades by the United Methodist Church at village auctions. Chips, baked beans, iced tea and lemonade. Dessert bars! Restrooms at firehall and the church.

Arrival in Alma

TDN Headquarters: Alma City Park (Pavilion)

TDN Hospitality: 1-4:00 pm @ Alma City Park (Pavilion)
Featured craft beer from First Street Brewing Company & Glacial Till Cider (South Street Brut Session IPA, Queen City Kolsch)

FREE WiFi: The city park parking lot near the library has free WiFi. No password needed.

New Riders Reception: 4 p.m., Alma City Park Pavilion. Meet and greet for riders new to bicycle touring. Hosted by TDN Ambassadors Shari Rosso and the Just Sayin' team. Ask any first-day tour questions you may have!



Activities:

- Swimming pool
- Live Music @ hospitality
- Kayaks provided by locals to use on lake
- 9 hole golf course
- Bowling alley, 4-8 pm (you can bring your own beer)
- 3-mile trail along the lake
- A local Alma resident/volunteer will be available to transport riders to the high school/motels

Dinner: Potluck @ Peace Lutheran Church, 5-7 p.m., (near park)
310 US-183

After dinner music in the park pavilion with Cindy Boehler.

Restaurants:

- Dragon Fly Cafe - bread pudding dessert in the afternoon. Also open for coffee tomorrow morning, starting at 6:30 am
- The Station
- KJ's Cafe
- Dairy Barn
- Main St Pizza
- The Office Bar & Grill
- Krispy Krunchy Chicken
- Subway

ALMA CAMPING & LODGING INFO

Indoor Camping: Alma High School

Outdoor Camping: Alma City Park

Motels:

- Super 8 Motel (308-224-2814)
- Arrow Lodge Motel (308-928-2167)
- Western Holiday Motel (308-928-2155)

*If you are staying at a hotel/motel during the tour, stop by the TDN registration table and make sure your hotel/motel is on the luggage pickup route.

Day 2: Alma>Red Cloud - 45 miles

Breakfast - 6-8 a.m., biscuits and gravy, coffee. United Methodist Church by the Under the Umbrella Daycare.

Republican City: 8 miles - The Bait Box will be open at 6:30 a.m. Coffee, small breakfast sandwiches, and yes...Bloody Marys!

Franklin: 15/23 miles -Franklin County 4-H CWF fundraiser for leadership conference in Washington D.C. Pork Sandwiches, chips, water or PBJs, chips, water, \$5 donation. Rightway Grocery (601 15th Ave.)

- Rightway Grocery - Fresh fruit and veggies, sandwiches and root beer floats.
- Free mini-cupcake at Smiley Sweet Shop (610 15th Ave. by the Rose Bowl Theater).
- Other locations in town that have daily meal specials: Black Powder (1007 West #Hwy 136), Topsy Cow (709 15th Ave.), Pit Stop (106 16th Ave.) Frosty Mug (607 16th Ave.) BEST ICE CREAM!

- Visit: Franklin County Museum, 9 a.m.-4 p.m. Authentic 1880s one-room schoolhouse. Ol' Towne, a replica of an old west township. Learn about early pioneer settlers, American Indians, military service, and famous Franklin Co. citizens. 1309 H Rd.

Riverton: 10/33 miles - United Church of Christ fellowship will be at the Legion Hall. They're fundraising money to buy tables for the church. Bananas, brownies, Kind bars, water and other yummy snacks.

Arrival in Red Cloud

TDN Headquarters: City Park volleyball court
Community Center address: 142 W 3rd Ave, Red Cloud, NE 68970 (located in park, near where TDN HQ is located)

TDN Hospitality, 1@ volleyball court in Red Cloud City Park
We will have live music performed by Lisa Whitmer and Deb Shuck.

Featured craft beer from Steeple Brewing (A Time To Retire IPA and Parking Lot Meeting Amber Ale) & Glacial Till Cider

Evening Activities:

Local Farmers Market, 5-7 p.m. @ Red Cloud City Park

Willa Cather Center

Download the app for enriched tours for both onsite and virtual visitors to Red Cloud, Willa Cather's home town. With several tours to choose from, explore the life and writing of Pulitzer Prize-winning Willa Cather through the historic sites and objects related to her life.

The Willa Cather Foundation is an organization dedicated to advancing the work of author Willa Cather and preserving the historical settings and archival material associated with her life and writings. Since its founding in 1955, the Foundation has been headquartered in Cather's hometown of rural Red Cloud, NE.

Five miles each way to go to the beautiful Willa Cather Memorial Prairie Historical Marker

Other Activities

Republican Valley Arts Council will have desserts (**ice cream and pie!**) at the Red Cloud community center from 12-2 p.m.

The Anna Street Trolley @ the Red Cloud City Park, 5 p.m.

Day 3: Red Cloud>Hastings - 53 miles

Breakfast - Pancakes and sausage, hosted by Webster Co. Hospital and the Lions Club

- Juan's Bar & Grill, breakfast starting at 6:30 a.m.
- The Corner Nook, coffee and smoothies, 6 a.m.

Remote Rest Stop: 9 - Basic water, snacks and port-a-potties

Bladen: 14/24 - AJs Bar & Grill, 219 Main St., open 8 a.m. Public park just a half-block south of here. Burgers, fries, nachos, sandwiches, salads, homemade biscuits with sausage gravy. Vegan/vegetarian salads available and GF taco salad. Coffee will be on. AJ says, "If anyone really wants a beer at 8 a.m., we'll sell them one! Yes, we do have Rocky Mountain Oysters!"

Roseland: 10/33 - Roseland Bar. Sandwich buffet with something for everyone ! Eat at the park or take to go. There are picnic tables at the park, just to the north, Buffet is \$7 per person, water, lemonade or Gatorade.

Remote Rest Stop: 10/43



Arrival in Hastings

TDN Headquarters: Chautauqua Park @ the Pavillion (W 5th St, Hastings, NE 68901)

TDN Hospitality, 1-4 p.m.: Steeple Brewing featuring NAP Raspberry Wheat and International Preacher IPA, 717 W 1st St (Just in case, bring ID.)

Following TDN hospitality, Steeple Brewing Company, Wave Pizza and featured food trucks including Serrano Mexican Grill invite you to stay and dine! The street is closed and there will be live music! Come early and stay for the soiree!

Tours and Activities:

Activities:

- Chautauqua Park
- Hastings Aquacourt Pool- Lazy river, wave pool, water slides, climbing walls, and key log roll
- Hastings museum
- Planetarium and theater
- Naval Ammunition Depot
- Bigfoot Museum

Downtown highlights

- Boutique shops
- Coffee shops
- Pacha soap co.

Shuttle Service

- Hastings public schools is providing shuttling with busses to go from campsites to the downtown area.

Dinner

- Convenience Stores
- West 2nd Best Stop, 402-463-1655, 2304 W 2nd St
- Casey's, 402-463-8755, 725 W 2nd St,
- Dollar General, 402-519-4867, 2511 W 2nd St,
- Restaurants, Papa Ray's Pizza, 402-463-1626, 2604 W 2nd
- RUNZA, 402-463-9491, 2101 W 2nd St,
- Bullseys's Sport Bar & Grill, 402-463-9022, 2017 W 2nd
Friday night special: Prime Rib & Sea Food Buffet, 5-9p
(Located across from park.)
- Murphy's Wagon Wheel, 402-463-3011, 107 N Lincoln

DOWNTOWN HASTINGS

BLUE MOON COFFEE

(402) 462-5214, 635 W 2nd St,

ART BAR

(402) 705-4149, 647 W 2nd St,

BIG DALLY'S DELI

(402) 463-7666, 801 W 2nd St,

LEMON & CO.

(402) 834-3144, 537 W 2nd St, Suite 103,

BACK ALLEY BAKERY

(402) 460-5056, 609 W 2nd St,

ODYSSEY, (402) 834-3811

521 W 2nd St, Hastings, NE 68901

HASTINGS CAMPING & LODGING INFO

Indoor Camping: Hastings Middle School, 201 N Marian Rd.

Outdoor Camping: Chautauqua Park

Motels:

Quality Inn (402-461-4076)

Comfort Inn (402-463-5252)

C3 Motel (402-463-6721)

*If you are staying at a hotel/motel during the tour, stop by the TDN registration table and make sure your hotel/motel is on the luggage pickup route

Day 4: OPTIONS DAY: 30-, 60-, 100-miles

Breakfast - 6:30 - 9 a.m. across from Chautauqua Park, Bullseye, 2017 W 2nd St.

Menu: Coffee, juice, soda, iced tea, water, yogurt and granola, fresh fruit (pineapple, watermelon, cantaloupe, strawberries, grapes), vegetarian egg bake or Denver egg bake (ham, green peppers, onions), breakfast pastries and donuts. \$7.49 with tax. To-go paper products available. First-come, first-serve. Limited seating available.

31-mile Route

- Glenvil: 33 miles - Immanuel Lutheran Church open all day to rest and refuel. 403 Sturgis St.

60-mile Route

- Clay Center: 24 miles - Clay Center Christian Church hosting in the park, Country Store open with food and drinks. Restrooms in the park.
- Fairfield: 9/33 miles - American Legion and Auxiliary will be serving the lunch. Boy Scouts host afternoon shift. Fairfield Auditorium, end of Main Street. Open for bathrooms and shade/air.
- Glenvil: 46 miles - Immanuel Lutheran Church open all day to rest and refuel. 403 Sturgis St.

100-mile Route

**Recommended to have own supply of water and snack options while riding longer miles.*

- Glenvil: 14 miles - Immanuel Lutheran Church open all day to rest and refuel. 403 Sturgis St.
- Pauline: 10/24 miles (remote)
- Lawrence: 14/38 - Dick's Bar & Grill, 161 N Calvert St.
- Edgar: 22/60 - Country Market
- Fairfield: 11/71 miles - American Legion and Auxiliary will be serving the lunch. Boy Scouts host afternoon shift. Fairfield Auditorium, end of Main Street. Open for bathrooms and shade/air.
- Clay Center: 9/80 - Clay Center Christian Church hosting in the park, Country Store open with food and drinks. Restrooms in the park.

*Alt. option: Pioneer Spirit Trail and explore the local parks and Hastings Lake.



Tour de Nebraska Hastings Shuttle Information

1. The shuttle route is a 10-mile loop connecting the Hastings Middle School, Chautauqua Park, downtown Hastings, the Hastings Museum and three motels in north Hastings.

2. Please see the attached map and written cues for more detailed route information.

3. Shuttles will be spaced out to reduce wait times at any point along the route.

4. Primary stops along the shuttle route include:

- a. Chautauqua Park #1 (Parking Lot East of the Aquacourt)
- b. 1st & Hastings (Steeple Brewing)
- c. 1st & St. Joseph (First Street Brewing)
- d. Hastings Museum Parking Lot (Northbound Only)
- e. C3 Hotel on Osborne Drive East
- f. Quality Inn on 33rd Street
- g. Comfort Inn on Osborne Drive West
- h. 3rd & Burlington (Just West of the Intersection)
- i. Chautauqua Park #2 (3rd& Woodland)
- j. Hastings Middle School (Main Entrance)

5. Occasionally riders may want to be let off/picked up at locations along the route other than the primary stops. This is acceptable only if it can be done safely and without deviating significantly from the designated shuttle route.

6. The Hastings Museum will be a northbound stop only. Also, the museum closes at 6:00 pm on both Friday and Saturday. Shuttles will not need to route through the museum parking lot after 6:00 pm if people are no longer waiting to be picked up at that location.

7. Special Considerations After 6:00 PM: The busiest times are likely to be in the late afternoon and evening. After 6:00 pm, if you are leaving downtown with a full load and none of your riders are going to the motels in north Hastings, feel free to return directly to Chautauqua Park and the Middle School by crossing Burlington and continuing west on 3rd Street. Hopefully people waiting to return to the motels in the evening will group together to allow one of the shuttles to make a run up north when needed. An empty shuttle returning from such a "north run" in the evening should go directly downtown, rather than following the designated route out to Chautauqua Park and the Middle School.

Hastings History Bus Tour: Look for the bus at Chautauqua Park at 12:45 p.m. TDN staff will check you in. The bus tour is two hours and departs at 1 p.m. You can still sign up. Have fun learning about the Naval Ammunition Depot (NAD) in Hastings.

TDN HQ - Chautauqua Park at the Pavilion (West 5th St.)

TDN Hospitality: 2-4:30 p.m., @ First Street Brewing Co.

TDN Banquet: 5 p.m. at First Street Brewing Co.

Menu: Featured food trucks:

- Meanbone BBQ
- Cajun Prairie
- Nomad Pizza and Catering
Sample of vegetarian option! See Chef Jerry at Nomad Pizza Co!

4:30 p.m. - Drinks/reception (on your own)

5 p.m. - Meal tickets begin to get handed out. Choose from three amazing, diverse and ethnic food trucks.

5:30 p.m. - The Jack Rodenband (first set)

7 p.m. - TDN Annual Awards and Program

7:45 p.m. - The Jack Rodenband (DANCE set!)

Day 5: Hastings>Kearney - 44 miles

Breakfast - 6-8 a.m., Pavilion at Chautauqua Park. EE Catering - "grab and go" breakfast - sausage, egg and cheese burrito, coffee, fruit and orange juice.

Today's riding tip: SAVE ROOM FOR TASTY TREATS IN JUNIATA.

Juniata: 7 miles - SAVE SOME ROOM for homemade treats at Michelle's Scrumptious Bakery! Cinnamon & pecan rolls, fresh fruit, dessert bars, cookies, cupcakes, breads, kolaches, coffee cake, etc. Featuring a completely separate gluten-free (and dairy free) kitchen.

Fast Facts! Juniata was once the county seat. In 1878, the residents of Hastings, came in and literally stole the paperwork for the county thus making Hastings the new county seat. The village of Juniata has had 2 major fires in the downtown area. The last one in 1961 destroyed the school gymnasium which was on the ground where the bakery now sits.

Heartwell: 17/24 miles - Heartland Traveling Dance Team fundraiser: Dancing at the Outback Bowl in Florida. Fresh fruit, granola bars, yogurt parfaits, drinks, maybe a few homemade treats, too. Goodwill donation. Location - Heartwell park.

Minden: 10/34 miles - Lunch @ El Agave, 9:30-11:30 a.m. (taco bar, shredded chicken, beef, soft/hard shell) + drink, \$8. Buffett style, seating over 100, outdoor seating.

Remote Rest Stop: 13/47 - Fort Kearney State Historical Park

Kearney: 10/57 miles - You did it! Congratulations!

*Showers available at Kearney High School until 2 p.m.



TDN Awards

The Tour de Nebraska Spirit Award is given annually during the last evening of the tour at the TDN Awards Banquet. It was created by a group of distinguished gentlemen from Kansas City, so fondly named Team Spirit, to inspire others to spread joy and humor during Tour de Nebraska. It is a traveling award in that the Team so honored must return on tour the following year to choose the next worthy recipient. The award itself is a roadkill cup mounted on a stylish wooden plaque.

The Team Spirit Award is based on the following categories:

S is for stamina: ride with ease and/or speed (considering age, conditioning, equipment)

P is for personality: make acquaintances with other tour members, with town folk, and with local officials such as police, newspapers, mayors etc.

I is for inspiration: sing, gleeful gestures, and encourage other riders

R is for roughing-it: tent in any weather, enjoy the heat-distance, and ride with delight in the rain

I is for interest: wear distinctive jerseys, team hats, or bestow objects of fun such as ice cream bars, pins, noise makers

T is for tipping: one or both of these sub-areas merit considerations – tip the mug, shot class, tumbler and/or provide tips to other riders on how to bask in Nebraska and relish the experience – point out good stops along the way (pie, food, shade), must see sites, local color, or impromptu swimming, volleyball, face painting, etc.

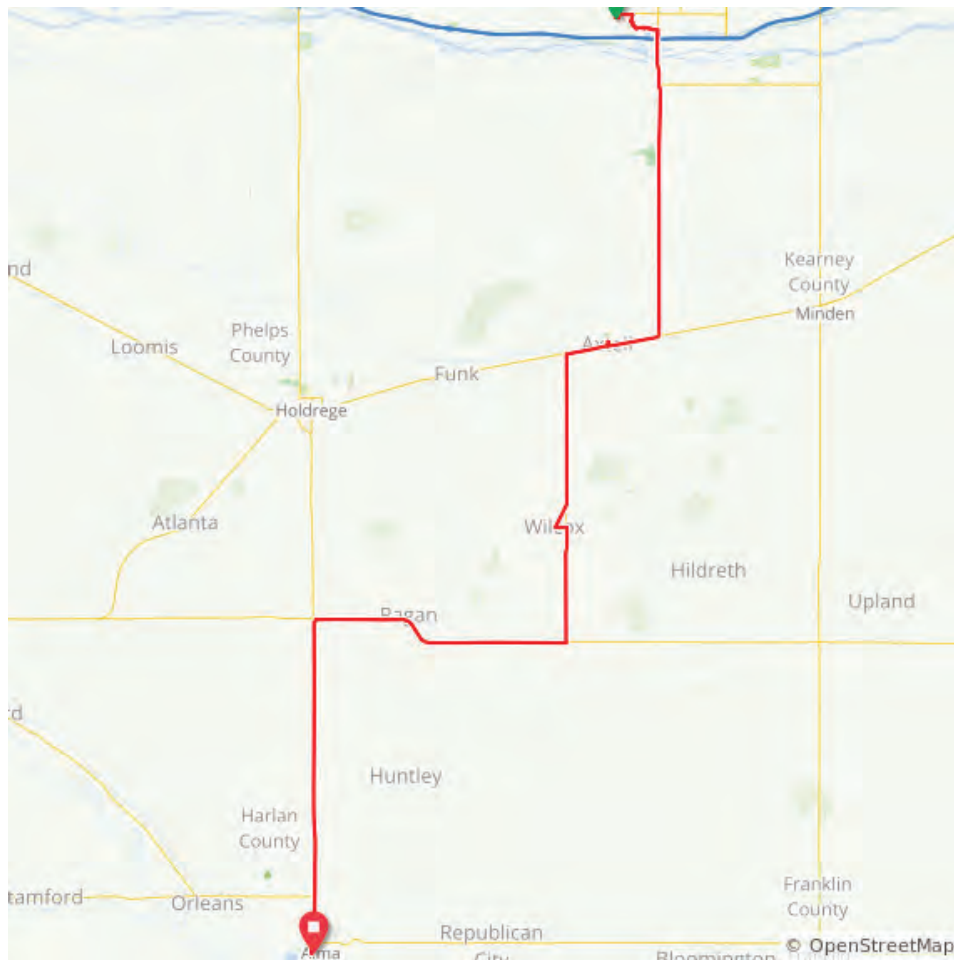
Past Team Spirit Award Winners

Zoo Bar Team: Paula Lowe and Gayle Resh
Mike and Karen Smith
Susan and Rich Rodenburg, TDN organizers
Team Bike Me (Dept. of Roads), Jim Ferguson
Team Spirit of Kansas City: Jim Nixon, Dale Basham, Mike Rimmer, etc. al
Chip Hackley
Motel Torell
Team Nurses: Sharon Hagelgantz & Jennie Burianek
Corey Collins
Jan Keplinger
Team ZooMen
Robert Pewthers
Alisa and Bruce Sandahl
Albert Maxey, Sr.
DiAnn White

Clayton Streich and Ray Stevens
Team Husker: Rhonda Revelle & Diane Miller
Coreen Frasier
Team Downtown YMCA: David Hill, Tammy Walter, Shari Rosso
Karen Griffin and David Wood
Team 1935: Kay Corell and Bill Utley
Doug Weishahn and Arnold Hottovy
Cycle Works Team: Kris Sonderup, Rick Dockhorn, Josh Vapenik and Andy Pedley
Kathery Harouff

TDN Team Award Winners

2014: Dundee Chain Gang	2017: Team Just Sayin'
2015: Dundee Chain Gang	2018: Team Just Sayin'
2016: Team Just Sayin'	2019: Team Just Sayin'



Routes: 1st number is distance, 2nd number is total distance of daily route

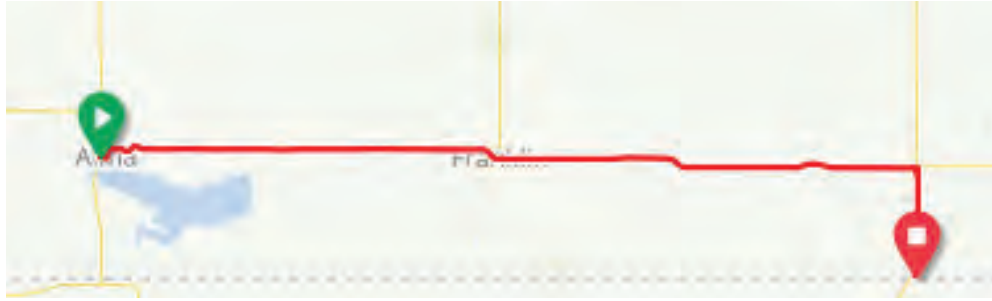
Day 1 - KEARNEY to ALMA, 58 MILES

ROUTE NOTICE: You can go directly South on Hwy 4 (2nd Ave) and the Kearney Police Department is assisting in monitoring traffic to get you safely South of the Interstate and out of town.

From 2nd Ave. in Kearney, follow Highway 44/25 Road south 14 miles to Hwy. 6. Turn right/west and ride 2 miles to Axtell. From Axtell, ride west on Hwy 34, turn south onto Hwy 44/21 Road for 8 miles to Wilcox. From Wilcox, ride 5 miles south on Hwy. 44 to Hwy. 4. Turn right/west on Hwy. 4 and ride 7 miles to Ragan, then 4 miles to Hwy. Hwy. 183. Turn south and ride 14 miles to Alma.

Axtell: 11 miles | Wilcox: 12/23 miles | Ragan: 17/40 miles

Alma offers the quaintness of of a small town but the amenities of a much larger one including Harlan County Lake which is Nebraska's second-largest lake. The lake boasts several outdoor activities such as water sports, fishing, hunting, camping and picnicking, horseback riding, four-wheeling and tubing below the dam. Also birding, museums, history, prairie dog towns, theater, trails. Population: 1,188.



Day 2 - ALMA to RED CLOUD, 45.4 MILES

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.**

Leave Alma via US Hwy 136, heading east. Ride to Republican City. Continue on US Hwy 136 to Franklin. Take the 31D route through Franklin. Continue through town on M Street/Hwy 136 to Riverton.

Continue east through Riverton on Hwy 136 to Red Cloud. Turn south on N. Webster Street. Continue south to visit the Willa Cather Memorial Prairie and Visitor Center.

Set amidst brick-lined streets, charming homes, historic buildings and the immense beauty of the prairie, Red Cloud offers a glimpse into a storied American past while maintaining a progressive vision for the future. Willa Cather's prairie novels introduced the world to the community and have left indelible impressions in the minds of her readers. Attractions include National Willa Cather Center, Starke Round Barn, Cather Center and Red Cloud Opera House, Webster County Historical Museum, golf, cute main street. Population: 1,200.

Republican City: 8 miles | Franklin: 15/23 miles | Riverton: 10/33 miles | Red Cloud: 13/45 miles

Day 3 - RED CLOUD to HASTINGS, 53 MILES

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.**

Head north on Hwy 28. Turn west on Hwy 4. Ride east to 91A, turn north and ride to Bladen.

Leave Bladen heading north on Hwy 91A, take a small jog east on W Blue Valley Rd, then north on to continue on S Bladen Ave.

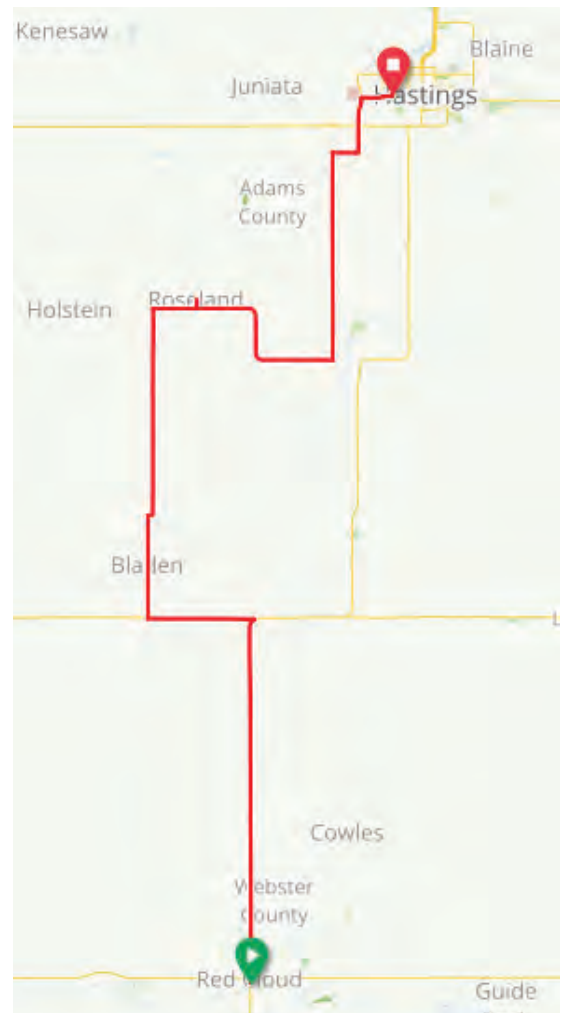
Turn east onto Hwy 74/W Sundown Rd. to Roseland. Leave Roseland on Hwy 74 going east. Stay on Hwy 74. You will turn south and then east again.

Head north at S. Adams Central Avenue. A remote rest stop is at W. Assumption Road. Continue north to W Idlewilde Rd, then north at Southern Hills Drive. Continue north to Hwy Bus 6/W 2nd St. into Hastings. Turn north on N Laird Ave to Chautauqua Park.

Hastings, Nebraska is a rural community rooted in hometown values and civic pride that maintains quality of life, through special places, cultural offerings and a stable economy. Hastings has a population of 24,907, is centrally located, easily accessible and recognized for its sprawling parks, cultural activities, historic architecture and first class education, medical and sporting facilities.

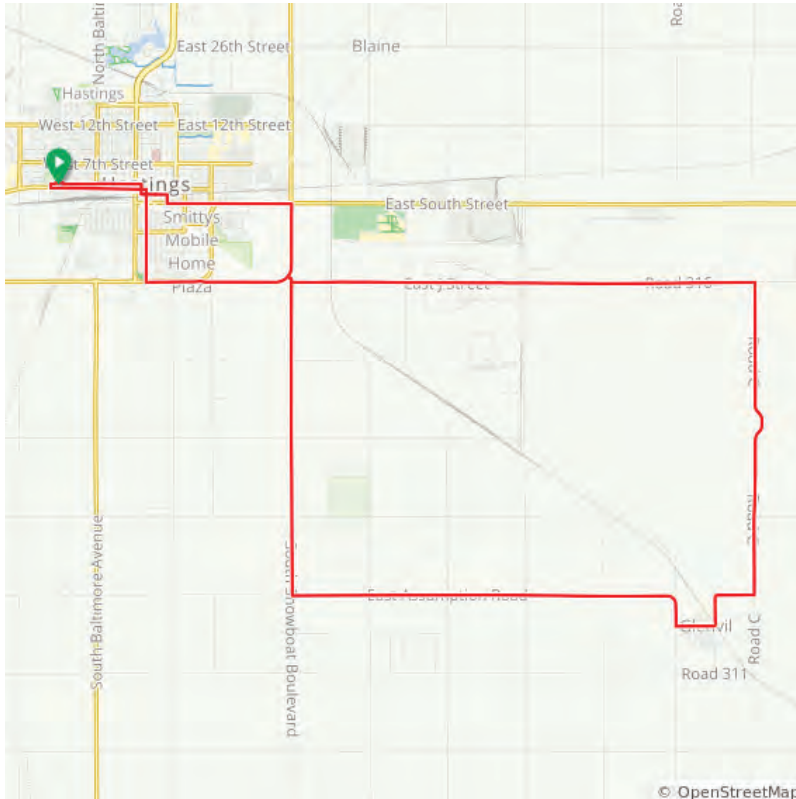
Remote Rest Stop: 9 | Bladen: 14/24 | Roseland: 10/33 |

Remote Rest Stop: 10/43 | Hastings: 16/46 miles



Day 4 “OPTION DAY” 30-, 60-, 100-MILE ROUTES

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.**



31-mile Route

Leave Chautauqua Park on W 2nd St.
Turn south on S. Hastings Ave.

Head East on J Street. Continue on East J Street/Road 316 to Road C.

Turn west onto Road 312, then south on Road BC. Turn west on Winters Ave.

Leave Glenvil on Winters Ave. Turn north onto Road B. Turn west onto Road 312.

Turn north onto S. Showboat Blvd.
Turn west onto East J Street. North at S. Hastings Avenue. Go west at W. 1st then north at N. Lincoln Ave.

Go west at W. 3rd St. and ride to Chautauqua Park.

- Glenvil: 15/30

60-mile Route

Leave Chautauqua Park on W 2nd St. Turn south on S. Hastings Ave.

Head East on J Street. Continue on East J Street/Road 316 to Road C.

Turn east onto Road 313 to Clay Center. Take Hwy 14 south to Hwy 74/Rd 307. Turn west towards Fairfield.

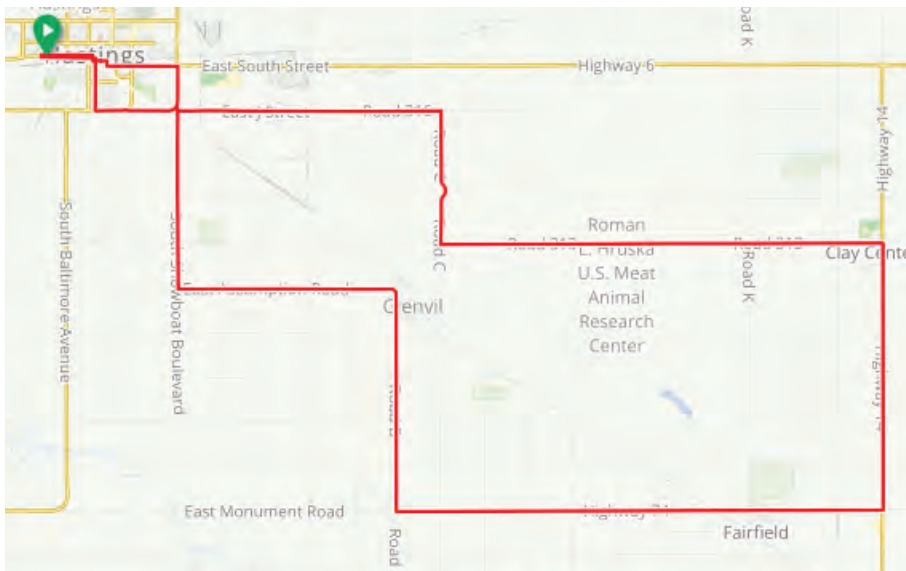
Leave Fairfield on Hwy 74 west to Rd B. Turn north and ride to Glenvil.

Leave Glenvil on Road B. Turn west onto Road 312.

Turn north onto S. Showboat Blvd.
Turn west onto East J Street. North at S. Hastings Avenue. Go west at W. 1st then north at N. Lincoln Ave.

Go west at W. 3rd St. and ride to Chautauqua Park.

- Clay Center: 24 miles
- Fairfield: 9/33 miles
- Glenvil: 46 miles



100-mile Route

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early.** It's recommended century riders carry some of their own water and food for the long miles.

Leave Hastings on W. 2nd, turn south at S. Hastings. Go east on East J St., turn south onto S. Showboat Blvd.

Turn east on East Assumption Road, head to Glenvil. Turn south on Road B.

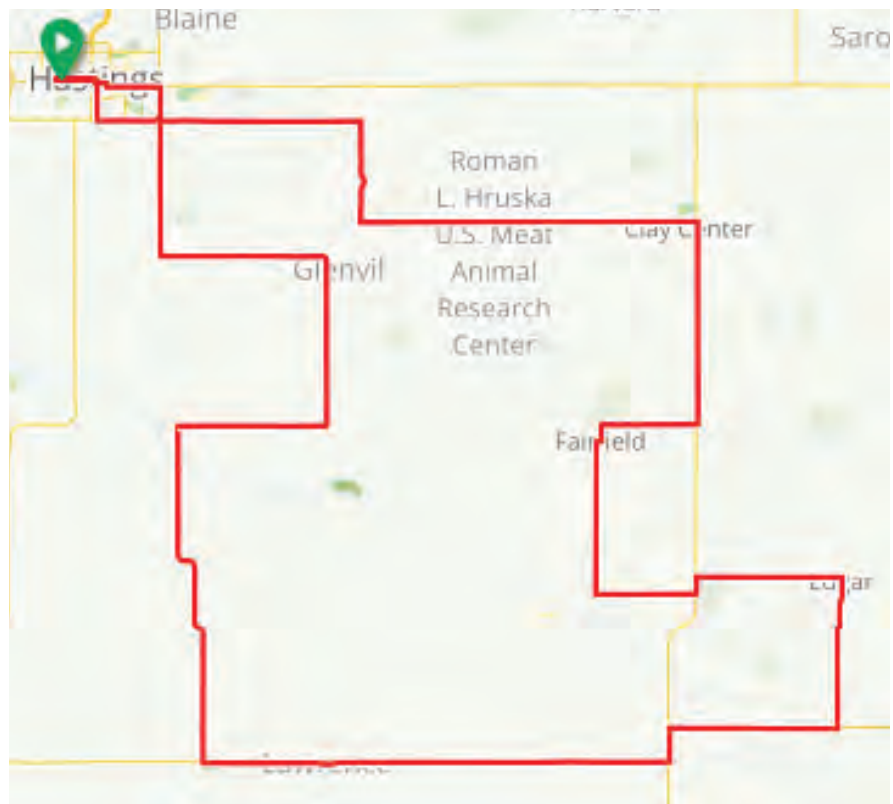
Leave Glenvil on Road B to Hwy 74. Go west to S. Showboat Rd. through Pauline.

Continue on S. Showboat Rd. to Hwy 4. Go east into Lawrence.

Continue on Hwy 4 to Hwy 14. Go north and to Hwy 4. Turn east, ride to Road 4100. Turn north. Take jog onto Road 133 into Edgar. Continue through Edgar to 5th Street. Turn west. Go south at Hwy 14 to Road 302. Continue west to Road K. Turn north and ride into Fairfield.

Leave Fairfield east on Hwy 74, then north on Hwy 14 to Clay Center. Leave Clay Center heading west on W. Johnson St. Turn north onto Road C. Go west on Rd 316. Turn north onto East J Street, then west on E. South Street, north at S. Colorado, then west at W. 1st St., north on N. Lincoln Ave., and West on W. 3rd St. to Chautauqua Park.

• Glenvil: 14 miles • Pauline: 10/24 miles (remote) • Lawrence: 14/38 • Edgar: 22/60 • Fairfield: 11/71 • Clay Center: 9/80



Day 5 - HASTINGS to KEARNEY, 58 MILES

Rest stop towns schedule their hours of operation based on cyclists leaving from the 6-8 a.m. breakfast. **If you leave before 6 a.m., towns may not be set up for you that early. PLEASE STOP AT JUNIATA! YUMMY!**

Leave Hastings riding west on Bus 6. Turn north on N. Highland, then west on W. 12th to Juniata. Turn south on Brass Ave to E. 10th, and south on N. Juniata Ave. to the bakery. Head south out of Juniata to Hwy 34. Turn west, ride to Heartwell. Continue on Hwy 6 to Minden. Turn south on N. Garber to E. 6th. Turn west to El Agave restaurant.

Take E. 5th west to N. Brown. Go north to Hwy 50A. Go west to Ft. Kearny State Rec Area Rd, turn north. Follow directions to 3 Bridges Hike Bike Trail. Ride into Kearney via the trail. The trail will take you back to Kearney High School.

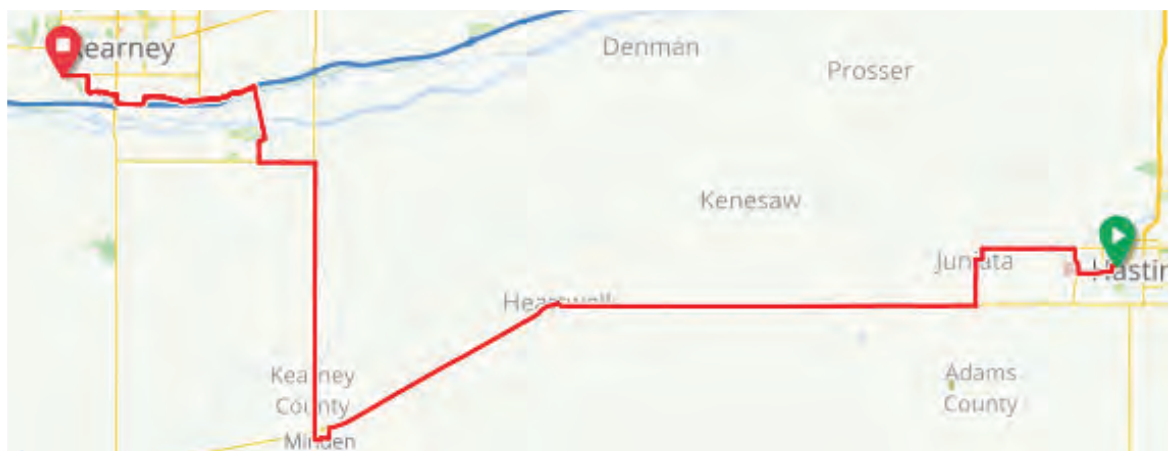
Juniata:
7 miles

Heartwell:
17/24

Minden: 10/34

Remote Rest
Stop: 13/47

Kearney: 10/57
miles





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<http://cycleworksusa.com>
720 North 27th Street
Lincoln, NE 68503 402-475-2453
Monday-Saturday: 9 - 7, Sunday: 12 - 5



At Pinnacle Bank, we cherish our state's open lands, strong communities and unwavering state pride. **We're proud to be this year's Community Give Back Sponsor for Tour de Nebraska.** We're underwriting the program that supports communities serving as host towns and rest stops along the route. We appreciate this opportunity to give back to those who've made this unique experience in rural Nebraska possible for participants from around the world. Because we're not just a bank in Nebraska. We're Nebraska in a bank.

Coldwell Banker-NHS Real Estate: Rich Rodenburg



**COLDWELL
BANKER**

NHS REAL ESTATE

Co-Founder of Tour de Nebraska, Rich started two bike shops in Lincoln--Bike Pedalers and Walton Trail Company. After 25 years in the bicycle business, Rich launched a new real estate company, Nebraska Home Sales. Since then, he's rocketed to become one of Lincoln's top Realtors. Nebraska Home

Sales joined Coldwell Banker in December 2019 to become Coldwell Banker-NHS Real Estate.

Rich Rodenburg, Associate Broker, 402-440-7570
Rich@CB-NHS.org



We empower people to get outside, reconnect with nature, and embark on two-wheeled adventures.



Rich and Susan Rodenburg, Directors
402-440-3227, Susan@HoundDogCycling.com

Hound Dog Cycling Adventures

Hound Dog Cycling Adventures offers off-the-beaten path international cycling adventures that allow you to experience the local culture, people and flavor of unique and beautiful places. The Rodenburgs' vision is to offer a wide variety of unique cycling adventures all over the world.



Founded in 1992, has established itself as the leading designer and manufacturer of premier cycling apparel for teams, clubs, and events around the world. Primal is committed to the progression of cycling for all abilities and is dedicated to promoting and supporting organizations, events, and causes that benefit people's lives.



Nestled in downtown Hastings, Nebraska, Steeple Brewing is a cozy community taproom serving local craft beer, tank-to-table. Our brewery on First Street is home to good company, good conversation and good beer.



From beer to hard Kombucha under First Street Brewing, to kombucha, brewed teas and cold brew coffee under Ensign Beverage, you'll find delicious and approachable beverages for all lifestyles, made right in Hastings.



2770 Yankee Hill Rd, Lincoln NE
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Hbkreuzberg@hondaoflincoln.com
HondaofLincoln.com

